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Nunchaku are
perhaps one of
the most misused

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and
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of martial arts.
Never mind that
Bruce Lee
popularized them
in Enter The
Dragon to such a
point that
everyone from
newborns to
senior citizens
were whacking

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futile attempt
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The nunchaku is

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a traditional
Okinawan martial
arts weapon
consisting of
two sticks
connected at one
end by a short
chain or rope.
The two sections
of the weapon
are commonly
made out of
wood, while the
link is a cord

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Nunchaku

or a metal
chain. The
person who
practices this
weapon is
referred to as
nunchakuka. The
nunchaku is most
widely used in
martial arts
such as Okinawan
kobudō and
karate. Its
intended use is

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as a training
Karate Weapon
weapon, since it
Of Self Defense
allows the
development of
quicker hand
movements and
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The nunchaku is
a popular kobudo
weapon in Shorin-
Ryu Karate. The
Nunchaku may
have originated

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in China, but more likely was modified from a threshing flail by Okinawan martial artists, or modified from equine tools, such as the Okinawan tekko.

NUNCHAKU - Soke
Hausel's Guide

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